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## BREAKFAST MENU

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### JUICES

Orange 59kcal *or* Grapefruit 67kcal *or* Apple 81kcal

Newby English Breakfast Tea *or* Cafetiere Coffee 2kcal

*Served with*

Toast 171kcal *or* Freshly Baked Croissants 224kcal

Toasted Sourdough Teacake 148kcal

*Butter, jam*

Porridge 253kcal

*Maple syrup-soaked raisins or chocolate chips or whisky*

Mixed Berries & Yoghurt *or* Coconut Yoghurt 149kcal

*Toasted pine nuts & chai seeds*

Fresh Fruit Salad 148kcal

Charcuterie & Cheese Platter 1092kcal

### CEREAL

Dorset Cereals Luscious Berry & Cherry Muesli (v) 330kcal

Dorset Cereals Oat Granola 330kcal

Dorset Cereals Simply Fruity Muesli(v) 330kcal

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All prices include VAT at the standard rate. We add an optional 10% service charge to your bill of which 100% is paid to the hotel team.

Some of our food and drinks may contain nuts and other allergens. Please speak to us before placing an order so that we can advise you on your choice. Our kitchens and bars handle all allergens and use shared equipment, so unfortunately, we cannot guarantee to be trace free. Our vegan recipes are prepared with vegan ingredients, but these may still contain traces of all allergens. Adults need around 2000kcal a day.



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### Full English Breakfast 897kcal

*Pork sausage, dry cured bacon, black pudding, tomato, mushroom, baked beans  
& your choice of eggs: scrambled, poached or fried*

### Vegetarian *or* Vegan English Breakfast 496kcal

*Vegetarian sausage, tomato, mushroom, baked beans,  
& your choice of eggs: scrambled, poached or fried*

### Smoked Salmon & Scrambled Eggs 478kcal

*Scrambled eggs with slices of smoked salmon*

### Eggs Benedict 421kcal

*Ham with poached eggs & hollandaise sauce on a toasted english muffin*

### Eggs Royale 519kcal

*Smoked salmon with poached eggs & hollandaise sauce on a toasted english muffin*

### Omelette Arnold Bennett 588kcal

*Smoked haddock, hollandaise sauce*

## TOASTED SOURDOUGH

Hummus, Feta, Mint & Olive 263kcal *or* Fried Duck Egg, Chorizo 384kcal

*or* Avocado, Poached Eggs, Chilli & Tomato 384kcal

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